

Print Name \_\_\_\_\_

**TINA MARCANTEL, NMD**  
NATUROPATHIC PHYSICIAN

201 W. Guadalupe Rd. Suite 202  
Gilbert, AZ 85233  
Tel: 480-892-0211 Fax: 480-892-0216

**PATIENT REGISTRATION and PERSONAL INFORMATION**

(Please Print Clearly)

PATIENT'S FULL NAME \_\_\_\_\_ SEX \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_ HOME PHONE \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

AGE \_\_\_\_\_

DATE OF BIRTH \_\_\_\_/\_\_\_\_/\_\_\_\_ PLACE OF BIRTH \_\_\_\_\_

NAME OF EMPLOYER \_\_\_\_\_ BUSINESS PHONE \_\_\_\_\_

CELL PHONE \_\_\_\_\_ MAY CALL WORK PHONE YES NO

E-MAIL ADDRESS \_\_\_\_\_

SIGNIFICANT RELATIONSHIP STATUS : (Please circle one that applies)

MARRIED    NON-MARRIED PARTNER    SINGLE    WIDOWED    SEPARATED    DIVORCED

EMERGENCY CONTACT \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_ PHONE \_\_\_\_\_

HOW DID YOU HEAR OF DR. TINA MARCANTEL? \_\_\_\_\_

**I UNDERSTAND AND AGREE THAT REGARDLESS OF MY INSURANCE, I AM FINANCIALLY RESPONSIBLE FOR ALL CHARGES ON THIS ACCOUNT UNLESS OTHER ARRANGEMENTS HAVE BEEN MADE IN ADVANCE. I UNDERSTAND AND AGREE THAT I WILL PAY A FEE FOR THE DOCTOR'S TIME IF I FAIL TO CANCEL OR RESCHEDULE AN APPOINTMENT WITH LESS THAN 48 HOURS NOTICE.**

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Print Name \_\_\_\_\_

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### CONTEXT OF CARE REVIEW

What do you know about our **approach**?

What *three* **expectations** do you have from *this* visit to the clinic?

What *long term* expectations do you have from working with our clinic?

What is your present level of **commitment** to address any underlying causes of your signs and symptoms that relate to your lifestyle? Rate from 0 to 10, 10 being 100% committed.

0%    0       1       2       3       4       5       6       7       8       9       10      100%

What behaviors or lifestyle habits do you currently engage in regularly that you believe **support** your health?

What behaviors or lifestyle habits do you currently engage in regularly that you believe are **non-beneficial** to your health?

What potential **obstacles** do you foresee in addressing the lifestyle factors which are undermining your health and adhering to the therapeutic protocols which we will be sharing with you?

Who do you know that will sincerely and consistently **support** you with the beneficial lifestyle changes you will be making?

What do you **love to do**?

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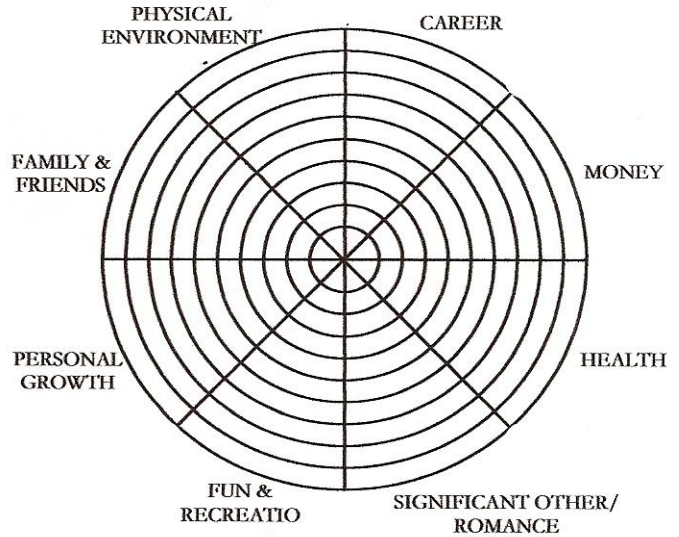
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**WHEEL OF BALANCE**

Wellness is a balance of many factors. Using this circle, shade your level of satisfaction on each area as it relates to you.

For example, if you are 60% satisfied in your career, shade the first six levels of the career slice.

Do the same for each area, **starting from the center point radiating outward.**



Are you currently receiving healthcare? Yes / No

If yes, where and from whom? \_\_\_\_\_

If no, when and where did you last receive medical or health care? \_\_\_\_\_

\_\_\_\_\_

What was the reason? \_\_\_\_\_

What are your most important health problems? List as many as you can in order of importance.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Do you have any known contagious diseases at this time? Yes / No

If yes, what? \_\_\_\_\_





# MALE Symptom Checklist

Use each of the following checklists to determine your symptoms of hormone imbalance and to help you choose the appropriate hormone test profile.

## Category 1: Basic Hormone Imbalance

Mark which of the following symptoms are troublesome and/or persist over time.

<input type="checkbox"/> Burned out feeling	<input type="checkbox"/> Irritable	<input type="checkbox"/> Insomnia	<input type="checkbox"/> Decreased urine flow
<input type="checkbox"/> Hot flashes	<input type="checkbox"/> Erectile dysfunction	<input type="checkbox"/> Increased urinary urge	<input type="checkbox"/> Decreased stamina
<input type="checkbox"/> Weight gain waist	<input type="checkbox"/> Prostate problems	<input type="checkbox"/> Infertility problems	<input type="checkbox"/> Sleep disturbances
<input type="checkbox"/> Decreased libido	<input type="checkbox"/> Decreased mental sharpness	<input type="checkbox"/> Oily skin	<input type="checkbox"/> Decreased muscle mass
<input type="checkbox"/> Decreased erections		<input type="checkbox"/> Apathy	
<input type="checkbox"/> Night sweats			

## Category 2: Adrenal Hormone Imbalance

Mark which of the following symptoms are troublesome and/or persist over time.

<input type="checkbox"/> Aches and pains	<input type="checkbox"/> Elevated triglycerides	<input type="checkbox"/> Morning fatigue	<input type="checkbox"/> Bone loss
<input type="checkbox"/> Sleep disturbances	<input type="checkbox"/> Depression	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Blood sugar imbalance
<input type="checkbox"/> Infertility	<input type="checkbox"/> Lack of motivation	<input type="checkbox"/> Allergic conditions	<input type="checkbox"/> Autoimmune illness
<input type="checkbox"/> Chronic illness	<input type="checkbox"/> Prostate problems	<input type="checkbox"/> Weight gain waist	<input type="checkbox"/> Fibromyalgia
<input type="checkbox"/> Stress	<input type="checkbox"/> Evening fatigue	<input type="checkbox"/> Decreased erections	<input type="checkbox"/> Susceptibility to infections

## Category 3: Thyroid Hormone Imbalance

Mark which of the following symptoms are troublesome and/or persist over time.

<input type="checkbox"/> Low libido	<input type="checkbox"/> Depression	<input type="checkbox"/> Cold body temperature	<input type="checkbox"/> Decreased erections
<input type="checkbox"/> Foggy thinking	<input type="checkbox"/> Infertility	<input type="checkbox"/> Headaches	<input type="checkbox"/> Sleep disturbances
<input type="checkbox"/> Constipation	<input type="checkbox"/> Fatigue	<input type="checkbox"/> Lack of motivation	<input type="checkbox"/> Inability to lose weight
<input type="checkbox"/> Elevated cholesterol			

## Category 4: Cardiometabolic Risk

Mark which of the following symptoms are troublesome and/or persist over time.

<input type="checkbox"/> Smoker	<input type="checkbox"/> Weight gain	<input type="checkbox"/> Heart disease or family history of heart disease
<input type="checkbox"/> High blood sugar	<input type="checkbox"/> Sugar cravings	<input type="checkbox"/> Diabetes or family history of diabetes
<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Fatigue	<input type="checkbox"/> Waist size greater than 40 inches
<input type="checkbox"/> Overweight or obese	<input type="checkbox"/> Low physical activity	

If you checked symptoms in **All four categories**, the suggested test profiles are:

**GOOD:** Male Blood Profile I (Blood Spot) or Female/Male Saliva Profile I (Saliva)

**BEST:** Comprehensive Male Profile I or II (Saliva/Blood Spot) and CardioMetabolic Profile I (Blood)

If you checked symptoms **ONLY in Category 1**, the suggested test profiles are:

**GOOD:** Male Blood Profile I (Blood Spot) or Female/Male Saliva Profile I (Saliva)

**BEST:** Comprehensive Male Profile I or II (Saliva/Blood Spot)

If you checked symptoms **ONLY in Category 2**, the suggested test profiles are:

**GOOD:** Diurnal Cortisol (Saliva)

**BEST:** Comprehensive Male Profile I or II (Saliva/Blood Spot)

If you checked symptoms **ONLY in Category 3**, the suggested test profiles are:

**GOOD:** Complete Thyroid Profile (Blood Spot)

**BEST:** Comprehensive Male Profile I or II (Saliva/Blood Spot)

If you checked symptoms **ONLY in Category 4**, the suggested test profiles are:

**GOOD:** CardioMetabolic Profile I (Blood) plus Diurnal Cortisol (Saliva)

**BEST:** CardioMetabolic Profile I (Blood) plus Female/Male Saliva Profile III (Saliva)

Print Name \_\_\_\_\_

Naturopathic Care

We are dedicated to empowering our patients to take control of their own health plans; this means that you make the choices concerning your health and wellness and we are here to support you along the way. Your protocol does not guarantee an overnight “quick fix;” please know that your treatment plan will take time to work.

\_\_\_\_\_ INITIAL

Cost of Services

Initial intake visit (approx. 1 hour): \$275.00. Extended initial visit (approx. 90 min): \$385.00. Follow-up visits are typically 15 minutes to 1 hour (\$65.00-\$220.00). Please ask for specific prices before receiving treatment.

Note: Prices for products and services are subject to change without notice. For a complete listing of our current prices, please see our website or ask our receptionist for a price list.

\_\_\_\_\_ INITIAL

Contacting our Office

**If you have any questions or medical updates pertaining to your treatment protocol, you must call to schedule a phone or office visit to consult with the doctor.** You may choose how long of an appointment you would like and whether you prefer a phone or office appointment. Dr. Marcantel’s staff can assist you in placing an order for supplements that we carry on our online store or at our medicinary, answering basic questions about our hours or services, and scheduling appointments.

\_\_\_\_\_ INITIAL

E-mails

Our staff may send you copies of your health documents via e-mail, but our e-mail is not used for symptom updates, questions, or concerns about your protocol. If you need to speak to the doctor regarding *any* aspect of your case, please call to make an appointment.

\_\_\_\_\_ INITIAL

Note Sheets

You will be provided with a note sheet during your visit with the doctor that will enable you to document specific instructions of your protocol given to you by the doctor. These instructions should be followed until a follow-up appointment is made and the doctor deems it necessary to adjust your treatment plan.

\_\_\_\_\_ INITIAL

Insurance

Dr. Marcantel is an out-of-network provider, therefore we collect full payment for services, test kits, and supplements in full and up-front at the time of service. Submission of a claim does not guarantee reimbursement and is subject to your individual health plan benefits. We do not offer prequalification of coverage for patients; please contact your insurance provider directly with questions about covered services. All insurance reimbursements received by our office will be credited to the patient’s account or directly reimbursed to the patient. We can file on your behalf to all insurance companies excluding the following: Medicare, Medicaid, Access, Tricare, and United Healthcare. We do not accept Care Credit. If you would like to file to your insurance on your own, we will provide you with an itemized receipt and superbill with all pertinent codes and information.

\_\_\_\_\_ INITIAL

Print Name \_\_\_\_\_

Cancellation Policy

A fee of \$50.00 (\$60.00 for initial visit) is incurred if an appointment is cancelled with less than 48 hours notice.

\_\_\_\_\_ INITIAL

Referral Program

Both you and the new patient you refer to our services will receive a \$15.00 referral credit to be used at our office toward appointments and/or supplements. There is no limit to the amount of credits you can accrue.

\_\_\_\_\_ INITIAL

Annual Appointment Policy

You must have annual blood work done and must physically be seen in the office once per year.

\_\_\_\_\_ INITIAL

Re-establishment Policy

If you have not physically been in the office for two or more years, you must re-establish as a new patient before the doctor can continue to treat you. New patient appointment fees apply.

\_\_\_\_\_ INITIAL

Informed Consent

Your signature below verifies the understanding of the information above and also gives Dr. Tina Marcantel, an Arizona state licensed naturopathic physician, consent for naturopathic treatment for you or the minor for whom you are legally in charge.

Signature  \_\_\_\_\_ DATE \_\_\_\_\_

Name of Minor \_\_\_\_\_ Relation to Minor \_\_\_\_\_

*Thank you for joining our health team. We look forward to coaching, supporting, and providing you with alternative and integrated health approaches to health care.*



Print Name \_\_\_\_\_

Dr. Tina Marcantel  
Gilbert Professional Plaza  
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(480) 892-0211

Our office is located near the crossroads of Gilbert and W. Guadalupe Roads in the **Gilbert Professional Plaza**. We are WEST of Gilbert Rd. on Guadalupe, just west of the Horne Plaza shopping center. Our suite is located at the west end of the breezeway between buildings 100 and 200.

